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Eds.Change - Reach Your Full Ability





I can record the recipe I am using so that others can follow it.



## Welcome!

To this Mother's day addition of the newsletter. Today was a very special day in the Eds. Kitchen as we prepared a little something to say thank you to all our mums and our lunch. Needless to say it was very busy with our scheduling going out of the window but everything got done!

We started off as ever, in the cafe creating our shopping lists. From there we hit the IGA at Allambie and bought everything we needed to cook up a storm. All the participants on the program are becoming very comfortable interacting with cafe and shop workers, ordering what they want to drink and paying for their shopping!





Don't forget to check out our antics on our new instagram account for Eds. Change (@eds.change) Katie regularly posts videos and pictures up there.

Have a lovely weekend and see you next week!

As soon as we returned to based we started creating the dough. We had to problem solve half way through this process as Katie managed to break the hand held whisk but we moved onwards and upwards.

You will find a little thank you to all the mothers in each young persons bag. The ingredients to the shortbread include; butter, flour, sugar and editable flowers. If you are allergic to those items please make sure you give them to a willing family member! We really enjoyed making the shortbread this week and hopefully biscuits will be on the agenda again soon!

## Contact

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Best, The Eds. Change Team.