



Newsletter



Eds.Change - Reach Your Full Ability

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I can measure out specific ingredients before I start cooking.



Newsletter

Welcome!

To this weeks addition of the newsletter. With the girls of the group away the boys enjoyed a day cooking pizza and picnicking outside.

The day started as usual, heading down to Allambie to partaking in a drink and an epic game of Uno. With Luke finally grasping the win, we moved on to creating our shopping lists. This week we created pizza from scratch including the bases so we had to ensure we had all the correct ingredients.

From the Old Civic we moved on to IGA and began the hunt for ingredients. Everyone in the group is now very adept at finding what they are looking for or asking where the ingredients may be. Loaded up with pepperoni we headed back to the kitchen.



Next week we have a new starter in the group - Sarah! and the following week, Kayla will be joining us.

Don't forget to check out our antics on our new instagram account for Eds. Change (@eds.change) Katie regularly posts videos and pictures up there.

Best,
The Eds. Change Team.



Creating the pizza dough included a certain amount of skilled measuring, a key skill we have been working on for several weeks. Everyone is moving closure to independently using measuring tools.

Once again we laid out all our ingredients prior to starting and measured the quantities we needed. We paid particular attention to measuring liquids out using measuring jugs. This is a top tip from Maria (the ex-chef support worker) who explained this process makes cooking easier and we all agree!

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