



Newsletter



Eds. Change - Reach Your Full Ability

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I can create a shopping list independently and find the correct ingredients.



Newsletter

Welcome!

To this weeks addition of the newsletter and what a week it was! With Katie away we thought we would have a little fun!

Alongside our usual lunch preparation we played a new game called 'remember your shopping'. Everyone got involved and moved around the hall to find the correct ingredients.

This week we focused on cooking toasties once again. Whilst this is our go to lunch food, repeating the process is ensuring we are able to complete the whole operation independently. With Luke as the kitchen manager, everyone is provided with a duty to complete.



Once we had made our delicious toasties we sat down to enjoy! With Jin acting as waiter all food was served promptly and we were able to enjoy a piping hot toastie!

After a hard day in the kitchen we did let off some steam playing some basket ball and having a go on the trampoline for a short time. From here we came back to the kitchen for the unenviable task of washing up. Once everything had been completed we just about had time for some meditation prior to wrapping up the day.

Don't forget to check out our antics on our new instagram account for Eds. Change (@eds.change) Katie regularly posts videos and pictures up there.

Annabelle and Bethan will be away next week but Katie, Ally and our new support worker Ann will be running the show. We look forward to seeing you then!

Best,
The Eds. Change Team.

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