


Newsletter



Eds. Change - Reach Your Full Ability

Eds. Change - Reach Your Full Ability



 I can follow instructions to create different elements of a main meal



Newsletter

Welcome!

To this weeks addition of the newsletter. This week was very special for two reasons; the lovely Kayla joined us for a trail at Eds. Change and we waved goodbye to Ali Owers who is heading to Europe for 6 months. As it was a special week we decided to go big with our menu (maybe too big) and cook not only spaghetti carbonara but also garlic bread,

As always, before we began we headed for a coffee, a causal game of Uno and to the shops. Everyone is doing very well in locating the individual ingredients on our shopping lists on the shelves.

With our various sous chefs in place we began the process of prepping our lunch.



Don't forget to check out our antics on our new instagram account for Eds. Change (@eds.change) Katie regularly posts videos and pictures up there.

Next week Katie, Bethan and Byron will be running the show. We look forward to seeing you then!

Best,
The Eds. Change Team.



On the menu this week we had home made pasta. Luckily Matt, Michael and Jin knew what had to be done and rolled up their sleeves ready to pitch in and knead some dough. Alongside the lads was our new support worker Byron is a whizz in this kitchen. The team made light work of the pasta making.

Whilst pasta was being made in the kitchen Ella, Kayla and Bianca were working on the garlic bread and carbonara sauce. Kayla knew exactly what was needed - lots of cheese! When combined the pasta and sauce went beautifully.

Contact

www.edschange.org

hello@edschange.com

Suite L 134-140 Old Pittwater
Road, Brookvale, 2100