



# Newsletter



Eds.Change - Reach Your Full Ability

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I can create a shopping list by selecting the appropriate ingredients.





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## Welcome!

To this week's addition of the newsletter. This week was another cracker of a week in which we returned to the old classic, the toasted sandwich but also tackled a new menu item; the fruit skewer. Katie made sure the latter was a bit of a challenge providing no instructions but no one was fouled! Everyone was able to select the appropriate fruits and the perfect after lunch snack of fruit skewers complete with banana, apple, orange and pear.

This week was also very special as we welcome the new Ali, aka David. David has a wealth of experience working as a support worker with many wonderful individuals and we are looking forward to seeing more of him every Friday!



Don't forget to check out our antics on our new Instagram account for Eds. Change (@eds.change) Katie regularly posts videos and pictures up there.

Next week we have unfortunately had to cancel the session but the week after we will be back in action!

Best,  
The Eds. Change Team.



Alongside the wonderful David we had Byron and Bethan working with us this week. After relaxing with a beverage and creating our shopping lists we headed to IGA at Allambie shops. Each week we try to complete a different social task and this week it was Luke's turn to head to the deli counter and ask for some freshly chopped ham.

Unsurprisingly Luke smashed the task and walked away with 500g of ham that was far cheaper than that stacked on the shelves. We learnt an important lesson - sometimes it is better to ask at the deli than buy off shelf.

## Contact

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